

Camper Information Packet

Pinewoods Labor Day 2006

Welcome!

This packet contains all of the preliminary information you'll need before arriving at camp.

Parents of children under 18: A parental responsibility form is included. Please print out one copy for EACH child, complete it, and return it to me before camp or bring it with you when you arrive. They must be printed as hard copies, since we need a signature on each one. Children will not be allowed in without these completed forms.

Supervise your kids: It's Pinewoods policy, it's a safety issue, and it's considerate of other campers, both adults and other kids. During organized activity times, kids should either be in an activity or supervised elsewhere. During free time, kids should be supervised by some adult who is actually in ear-and-eye-shot. Unsupervised kids running around camp will be seized and sentenced to sweep C# with a toothbrush.

Contact info: If any members of your group have a different address from that of the contact person, please send that to me so that the correct address appears in the camper list, to be distributed in the packet you'll receive at camp. The camper list includes names, addresses, home phone numbers, and e-mail addresses. If you want some of your information *omitted* from the list, let me know ASAP. We don't deliberately give the list to anyone other than campers and organizers, but we can't control how campers use the information.

Directions are included, including info on public transportation. Camp staff and crew are *not* available to pick you up, so please make your own arrangements to get all the way to camp.

Food: If you noted special dietary concerns (not including vegetarians), please read the included copy of Pinewoods Camp's statement on special diets.

Camp Store contains snack food, nothing really nutritious, and it's only open a few times per day. It also sells a few sundries. The nearest store is 15–20 minutes away, so try to bring everything you'll need.

Dance theme: The theme for the Sunday night dance this year is *Fashion Fiasco Fete*. Costumes can enhance the evening for both the wearers and others, but it's all optional. This is the time to bring all the awful, mismatching clothing you've stored in the back of your closet due to embarrassment over wearing it. Don't be embarrassed! Flaunt it! Clothing *is* required, however.

Skit night is on Sunday night at the after-dance party. It's an occasion to demonstrate your penchant for drama, artistry, or just plain silliness for your fellow campers. Serious talent is also allowed. 😊

Arrival: Camp opens at 3:00 p.m. Saturday. Do not arrive early unless you have a specific job that we've arranged ahead of time. If you've never been to Pinewoods before, plan to **arrive before dark**. Supper is at 6:00 p.m. If you'll arrive substantially after that, feed yourselves before you arrive – we can't save dinner for you. If you know now that you will arrive late, please tell me.

Parking is limited, and the spaces are small. Please carpool if possible, and limit yourselves to one car per family unit. You can drive to the closest point to your cabin to unload and load, but you'll still have to carry your stuff some distance to your cabin, and you must park in an assigned spot for the weekend. You can't drive around camp. You gotta walk. It's good for you.

Departure: Camp closes at 10:00 a.m. Tuesday morning. You should be driving out of camp before that time, unless we've specifically arranged for you to do an after-camp job. If you're late leaving, you will become a crew slave, cleaning toilets.

Stuff to bring:

- You must bring your own bedding — sleeping bags, sheets, blankets, pillow cases — and your own towels. All beds are singles, though they can be pushed together easily. Foam pillows are provided, though not everyone likes them, so bring your own pillow if you're picky.
- Warm stuff — bedding and clothing. It can get cool by Labor Day.
- Plenty of towels for after swimming — if the humidity is high, things don't dry out quickly. Helpful hint: Pack your towels in zip-lock bags to keep them isolated from the humidity.
- At least one flashlight per person that you can carry easily. Camp is quite dark at night, and the trees move themselves just to throw you off. Mini Mag Lites are great for this purpose.
- It might rain. Plan accordingly. Umbrellas don't work well on the paths.
- Shoes for dancing that are different from your walk-around-camp shoes, to help preserve the floor. Barefoot dancing is NOT allowed — the splinters can be really nasty.
- Special food if you have special needs. Refrigerators are available in Pinecones, the Camphouse, and Hunsdon House. You may *not* store stuff in the kitchen.
- Medications, especially bee sting antidote if you need it.

Do Not Bring: Pets, guests, valuables, firearms. Also, no heat-producing appliances (but contact lens cookers are OK). There are a very few designated places to use a hair dryer, but none of them are in cabins, so plan your hair style accordingly. If you *must* use a hair dryer or other high-wattage electrical appliance, ask the camp manager *first* where you can do so.

Telephones: There are two public phone booths adjacent to the Camphouse. One of them has a phone jack for computer modem connections, but the quality of the line is poor, so don't count on getting much done. You'll need a phone credit card or something similar for calls beyond Plymouth.

Office equipment in the camp office is for Pinewoods resident staff only. Arrangements can be made for limited numbers of photocopies, but don't expect walk-in service.

Messages: People can leave messages for campers by calling 508-224-4858. Messages are checked a few times per day, and posted by the telephones.

Emergency contact: For true emergencies, not just informational messages, people calling you can leave a message at the camp manager's office: 508-224-4858. If you suspect you may need to be reached for an emergency, it's best to carry your own cell phone, set to vibrate.

Cellular phones can be used as long as nobody else can hear you. Please be considerate of other campers who come to get away from all of that.

Laundry: There are no laundry facilities for campers. The nearest laundromat is 15–20 minutes away.

Whew! That's everything I can think of for now. If you have questions, try sending me e-mail first, or call if you need to.

— Paul Sawyer, co-chair
sawyerp@acm.org
79 Woobly Rd.
Bolton MA 01740
978-779-6871

Public Transport Directions To Pinewoods Camp

*Fares are as of 2004 and are subject to change.
Have driving directions handy for taxi/coach drivers.*

Suggested arrival time at **Logan Airport** is **noon – 3pm**,
at **Plymouth or Bourne/Buzzards Bay** is **3–4pm**,
at **Camp** is **3–6pm**.

From New York and Providence to Bourne

Buses are run by **Bonanza Bus Lines** (800-556-3815) for about \$52 from NYC (6 hours), and \$26 from TF Green Airport (2 hours) to the bus terminal in Bourne just over the bridge in Cape Cod. From **Bourne**, see cabs listed at right. **Road Runner Taxi** (800-287-3444) is available for about \$20, but should be reserved 2 days in advance.

From Boston to Plymouth

Buses are run by Plymouth and Brockton Street Railroad Co. (508-746-0378, www.p-b.com). Hourly express bus from South Station Transportation Center or Logan Airport (all terminals); to the Plymouth Terminal, now at Exit 5 off Route 3, takes about 1.25 hour and costs \$14.

The MBTA has a **train** that runs from **South Station** to **Plymouth and Kingston** for \$5. For schedule information call 800-392-6100 or check www.mbta.com. The Plymouth and Kingston stations are about equally convenient. There are 8 trains a day at about \$5.

Cabs are available from bus or train stations to camp:

Plymouth - Mayflower Taxi (508-746-7887)

Bourne - Road Runner Taxi (800-287-3444 or 508-759-2337) (reserve 2 days in advance)

Canal Transportation (508-759-4700)

Patriot Taxi (508-747-1702)

Central Transport (508-746-0018)

US Shuttle (www.us-shuttle.com - 877-748-8853) offers coach service from Logan and Providence's T.F. Green Airport.

From Logan: Call from the terminal. You should not have to wait more than 20 min. for a van.

From Providence/T.F. Green: Call 3 days in advance to reserve a van. Cost is approximately \$105 one way)

Address:

Pinewoods Camp, Inc.
80 Cornish Field Road
Plymouth, MA 02360
508-224-4858

Driving Directions To Pinewoods Camp

Parking is limited at Pinewoods. Please carpool if possible. Also, in consideration of our neighbors, please use the Halfway Pond Rd. approach to camp rather than the route past the boat ramp. The last part of the highway routes are the same ones that lead to Cape Cod. Weekend traffic is heavy. Allow extra time.

FROM NEW YORK (4-5 Hours)

Take **I-95** North to **I-195** at Providence. Go **East** on **I-195** to Exit 22A, **Rt. 25 East**.

Go **East** on **Route 25** toward **Cape Cod** to **Exit 1: Onset/Wareham**. Bear **Right** at the top of the ramp. Follow Rtes. 6&28 East for 2.6 mi. Just before the 7-11 convenience store (on your left), take a **Left** onto **Head of the Bay Road**; go 2.2 miles. Turn **Left** onto **Plymouth Lane** (becomes **Bourne Rd** after 1 mi.); go 6 mi. to end of road.

Turn **Left** onto **Halfway Pond Rd**. Take next **Right** onto **West Long Pond Rd** (a wide dirt road); go 1/2 mi. to **Cornish Field Road** (a narrow dirt road) on right (look for a group of mail boxes on the left and a small *Pinewoods* sign on a tree on the right). Turn **Right** onto **Cornish Field Rd**, continue 0.3 mi into camp.

FROM WEST OF BOSTON

(1 1/2 hours from Mass Pike intersection with I-495)

Take the **Mass Pike (I-90)** to **I-495**. Go **South** on **I-495**. Take **Exit 6** to **Route 44 East**.

Follow Route 44 as it twists and turns until you get into Plymouth.

When you get to **Route 3**, follow the directions for FROM BOSTON, going further south on Route 3.

FROM BOSTON

(1 1/2 hours, more in heavy traffic)

Take **Route 3 South** to **Exit 3: Clark Road, Long Pond** (7.3 mi. south of Rte. 44 and Plymouth exit)

Turn **Right** at end of ramp onto **Clark Rd.**; continue 0.2 mi to stop sign.

Turn **Left** onto **Long Pond Rd**; go 1.7 mi. to **Halfway Pond Road**.

Turn **Right** onto **Halfway Pond Rd.**, go 0.8 mi. (past small white church on left).

Take next **Right** onto **West Long Pond Rd**. (a wide dirt road); go 0.5 mi. to **Cornish Field Rd**. Look for a group of mail boxes on the left and a small *Pinewoods* sign high up on a tree on the right.

Turn **Right** onto **Cornish Field Rd.**, a narrow dirt road, continue 0.3 mi. into camp.

If you arrive between 3:00 and 6:30 on the arrival afternoon, you will be met at the entrance by a greeting crew. If you arrive later, there will be posted directions at the camp entrance.

The last part of the route is narrow, rutted, winding, bumpy, and hidden from the world.

If you have not been to Pinewoods before, plan to arrive *before* dark.

PINEWOODS CAMP, INC.
POLICY ON SPECIAL DIETS

Here at Pinewoods we serve a large number of campers with a small kitchen staff. We regret that we do not have the resources to accommodate all individual needs and preferences.

However, we do make an effort to provide a variety of foods; we always provide a vegetarian option (you must sign-up in advance), and, to the extent we are able, we *may* provide alternatives addressing some common needs and preferences, such as providing pizza with no cheese (a non-dairy alternative); *however*, we cannot promise that we will always be able to provide such alternatives.

To help address this problem, we have a refrigerated cart in the dining room that provides alternatives. Some examples of what is usually available are:

- * Bread, peanut butter, and jelly
- * Rice Cakes
- * Cottage cheese
- * Plain Yogurt
- * Tossed Salad (at Lunch & Dinner)
- * Raw vegetables
- * Plain Tofu
- * Cold Cuts
- * Hard-Boiled Eggs
- * Plain Tuna
- * Plain cooked chicken
- * Fruit
- * Condiments (tamari, ketchup etc.)

If you require additional options, you will need to bring your own food with you. It can be stored in refrigerators in the Camphouse, Pinecones, and Hunsdon House. Please label your food clearly. We do not have food preparation or storage space for campers in the main kitchen. There are stoves in both Pinecones and Hunsdon house for camper use.

If you have severe food allergies, check-in with one of the head cooks at the beginning of your session, even if you have called previously, and ask about specific dishes if you have any doubts. Although we make an effort to list potential allergens, *Pinewoods cannot accept responsibility for notifying you of the presence of potential allergens in the food we serve.*

If you have additional questions or concerns, please call the kitchen **at least two weeks before your session** at 508-224-4020 9:00–11:00 a.m. or 2:00–4:00 p.m., and ask to speak with one of the head cooks.

PINWOODS CAMP, INC.
RULES FOR CAMPERS UNDER 18

Welcome, families! We are glad to have you here. For your children's safety, remember that Pinwoods is not certified as a children's camp, nor is it childproof. Your children could easily get hurt or lost if not closely supervised. The camp environment is also fragile — please help your children respect and care for the trees, plants, and paths.

A. Campers under 18 must be accompanied by a parent or guardian, who is responsible for those children *at all times*. A Statement of Responsibility form must be signed by the child's parent (and the appointed guardian, if applicable) and provided to Pinwoods on or before arrival at camp.

B. Parents who send their child to camp with a guardian must also sign a form authorizing emergency medical treatment.

C. Additional waterfront rules for campers under 18:

General waterfront rules are posted at camp. Please review them with your children.

Pinwoods Camp, Inc. does not assume responsibility for campers swimming or using the boats.

1. Swimming:

a. Ages 0 - 9; must be accompanied and supervised by their parent or another adult designated by a parent.

Ages 10 - 17; may swim without a parent *when the lifeguard is on duty, and with a parent's consent*. May also swim with parent or another adult designated by a parent during non-lifeguarded hours.

b. Campers under 18 *must* pass the lifeguard's swimming test in order to swim beyond the dock, *even when accompanied by a parent or other adult*.

c. One adult may not supervise more than 4 children at one time when the lifeguard is not on duty.

2. Boating:

a. Campers under 18 must be accompanied by their parent or another adult designated by a parent.

However, campers age 13-17, may canoe with another teen during daylight hours *if* both have passed the swimming test and *if* their parents permit.)

b. Anyone under 18 *must wear* a life jacket at all times when boating.

D. The illegal use or sale of alcohol and drugs is prohibited. The Massachusetts state legal drinking age is 21 years.

**PINEWOODS CAMP, INC.
PARENT & GUARDIAN RESPONSIBILITY AND
MEDICAL CARE AUTHORIZATION FORM**

I. FOR CHILDREN ATTENDING CAMP WITH THEIR PARENT OR PARENTS:

I / we, _____, parent(s) of _____ (child's full name) accept full responsibility for my/our child named above while in attendance at Pinewoods Camp during _____ (name of session). I/we have read and agree to comply with the Pinewoods Camp, Inc. Rules for Campers under 18, and waive all claims, demands, causes of action, and suits for personal injury, property damage, and other liability which may occur to my/our child named above while in attendance at Pinewoods Camp.

(Signature of Parent)

(Date)

(Signature of other Parent, if also attending)

(Date)

II. FOR CHILDREN ATTENDING CAMP WITH A GUARDIAN (fill out both sections below):

I / we, _____, parent(s) of _____ (child's full name) accept full responsibility for my/our child named above while in attendance at Pinewoods Camp during _____ (name of session). I/we have read and agree to comply with the Pinewoods Camp, Inc. Rules for Campers under 18, and waive all claims, demands, causes of action, and suits for personal injury, property damage, and other liability which may occur to my/our child named above while in attendance at Pinewoods Camp. In addition, _____ (name of guardian over 18) has permission to authorize emergency medical treatment, as necessary, for the child named above.

(Signature of Parent)

(Date)

I, _____ (name of guardian over 18), accept full responsibility for _____ (child's full name) while in attendance at Pinewoods Camp during _____ (name of session). I have read and agree to comply with the Pinewoods Camp, Inc. Rules for Campers under 18, and waive all claims, demands, causes of action, and suits for personal injury, property damage, and other liability which may occur to the child named above while in attendance at Pinewoods Camp.

(Signature of Guardian)

(Date)

**THIS FORM MUST BE PROVIDED TO PINEWOODS CAMP, INC. UPON OR BEFORE ARRIVAL AT
CAMP IN ORDER FOR YOUR CHILD TO ATTEND.**